

Positive Parenting Program

All parents have different needs.....

Positive parenting aims to promote children's development and manage children's behaviour and emotions in a constructive and non-hurtful way.

It is based on strong nurturing relationships good communication and positive attention to help children develop.

Five steps to positive parenting:

1. Creating a safe and interesting environment
2. Having a positive learning environment
3. Using assertive discipline
4. Having realistic expectations
5. Taking care of yourself as a parent.



St Stephen's Children's Centre



ARE YOU LOOKING FOR A PARENTING CLASS?

St Stephen's Children's Centre has one starting on Wednesday 3rd May 2017

Call us on 02077351540, to book a place

Who is this for?

Triple P is for parents of children and teenagers.

How can Triple P help you?

Encourage **positive** behaviour
Deal with problem **behaviour**
Become a **confident** parent