



Community Health Services



Introduction to solids

At this workshop you will

- Learn how to introduce solid foods
- Discover practical ways of introducing solid foods to your baby
- Receive a free weaning recipe booklet



When:

- Tuesday 9th January,
- Tuesday 13th February &
- Tuesday 13th March 2018

When: 10:00 – 12:00

Where: St Stephen's Children's Centre

To book please call: 020-7735 1540